***Nights away kit list for sleepovers***

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| *All young people will need to carry their personal equipment and should be encouraged to pack themselves.* *All items should be clearly labelled with the young person’s name.* |
| 🞏 | Top half uniform with necker (t-shirt to be worn underneath so that uniform top can be taken off on arrival) | 🞏 | Personal washing requirements and towel |
| 🞏 | Warm sweaters, jumpers or sweatshirts | 🞏 | Sun hat, sun cream and sun glasses (season dependent)  |
| 🞏 | T-shirts or similar | 🞏 | Sleeping bag |
| 🞏 | Trousers or shorts | 🞏 | Foam roll / karrimat |
| 🞏 | Spare underclothes (one pair per day + spare) | 🞏 | Plate, bowl, mug, cutlery, tea towel in a named bag |
| 🞏 | Spare socks (one pair per day + spare) | 🞏 | Camp blanket or badge blanket if owned |
| 🞏 | Nightwear | 🞏 | Torch and spare batteries |
| 🞏 | Hike boots or strong shoes / trainers | 🞏 | Personal prescribed medication (hand in on arrival) |
| 🞏 | Waterproof (coat and trousers) | 🞏 | Day sack and plastic drinks bottle |
| 🞏 | Warm coat | 🞏 | Polythene bags (for dirty clothes) |
| 🞏 | Hankies/Tissues | 🞏 | Teddy (REMEMBER THIS!!!) |
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| Book or something similar for during free timeIt is best to pack a rucksack or sports bag that you can carry on your back. Suitcases are not suitable for tents.NO FOOTBALL SHIRTS OR SHORTS NO JEANSNO ELECTRONIC ITEMS - Leaders will not take responsibility for them PLEASE ENSURE ALL ITEMS ARE LABELLED AND THAT YOUNGSTERS PACK / HELP PACK THE BAG THEMSELVES SO THEY KNOW WHERE ITEMS ARE AND WHAT THEY HAVEPlease ask your section leaders if you have any queries or concerns about sourcing any of the items listed – we may have spare or second hand ones to sell  |